



“Give your soul to God.

Then you will see that your life—
every minute of it—becomes a
magic existence.”

Paramahansa Yogananda



Directions to Our Center

We are between 12 and 13 Mile Roads on the east side of Southfield Road across from the Home Depot, and just south of the Southfield Plaza mall and the Big Boy restaurant.

Turn in at 29600 Southfield, the H.J. Stoddard Building. Our building, 29610 Southfield, is about 100 yards back from the street.

Our chapel is in Suite 204, on the second floor down the hall to your left.

Websites

For more information please visit:
www.detroitmeditationcenter.org
www.yogananda-srf.org



Sunday Service Readings

(Most are from Volume III)

October

- 2nd— Live in Constant Remembrance of God
- 9th— Healing Body, Mind, and Soul
- 16th— How to Read Character
- 23rd— The Scientific Art of Living
- 30th— Yoga for Westerners

November

- 6th— How to Dissolve the Causes of War
- 13th— Inner Resources of Health and Energy
- 20th— How to Attune with Divine Will
- 27th— Understanding the Unreality of Matter

December

- 4th— The Three Instruments of Knowledge
- 11th— Four Kinds of Men
- 18th— Kriya Yoga—The Bliss-Filled Path to God
- 25th— Happiness Through Attunement with Christ

Detroit Center of Self-Realization Fellowship

Fall 2011 Newsletter



PARAMAHANSA YOGANANDA

29610 Southfield Road, Suite 204
Southfield, MI 48076-2000

All Are Welcome Always!



Dear Friend,

We invite you to join us for spiritual fellowship whenever you can at the Detroit Center of Self-Realization Fellowship. SRF is a worldwide nonprofit religious organization founded by Paramahansa Yogananda to disseminate Kriya Yoga, a definite scientific technique for attaining direct personal experience of God. His *Autobiography of a Yogi* has introduced truth-seekers all over the world to India's age-old philosophy of Yoga and its time-honored tradition of meditation. The universal teachings of Paramahansa Yogananda offer a science of spiritual exploration—one that enables us to create for ourselves spiritually harmonious lives, and to contribute to a more compassionate and peaceful world.

For more information feel free to call one of the individuals listed below or to visit our website: www.detroitmeditationcenter.org.

In divine friendship,

The Detroit Center of
Self-Realization Fellowship

For more information please call:

Diane Simmons (313) 320-0922
Cheryl Glasco (248) 855-4182

FALL 2011 SCHEDULE

These services are open to all.

The Sunday 11 a.m. service is recommended for newcomers.

SUNDAYS

Meditation Service

10:00-10:40 a.m.

Reading Service

11:00 a.m.-Noon

Readings from scripture and the works of Paramahansa Yogananda with brief periods of chanting and meditation.

Long Meditation Service

6:00-8:00 p.m.

A two-hour meditation beginning with the SRF Energization Exercises and ending with a Worldwide Prayer Circle service.

THURSDAYS

Lessons Study Group 7:00-7:45 p.m.

Participants take turns reading aloud from the lesson of the week, pausing for brief periods of meditation to better absorb the spiritual truths expressed.

Meditation Service 8:00-9:00 p.m.

A Meditation Service ending with a Worldwide Prayer Circle service.

The volunteer schedule is always available online:
www.detroitmeditationcenter.org

Announcements

✿ Our next general meeting will be held Sunday, October 23rd after the 11 a.m. service. All are welcome to attend.

✿ Sunday School is offered on the second & last Sundays from 11 a.m. to noon and is available for children age 4 and up. (With parental supervision, toddlers are welcome.)

✿ Vegetarian potluck socials are held on the last Sunday of every month immediately following the 11 a.m. service.

Visit our website for ongoing information:
www.detroitmeditationcenter.org



Special Services

All may attend these services who can participate with sincerity and devotion.

All-Day Christmas Meditation

Saturday, December 17th, 10 a.m. - 4 p.m.
(Please bring a fruit offering)

New Year's Eve Meditation

Saturday, December 31st, 11:30 p.m. - 12:15 a.m.