

***Detroit Meditation Center of
Self-Realization Fellowship***
welcomes
Brother Jitananda and Brahmachari Girish
October 13th – 16th, 2011



<i>Thursday</i>	<i>October 13th</i>	<i>7:00 - 7:45 p.m. 8:00 - 9:00 p.m.</i>	<i>Meditation Evening Service Cider and donuts after the service</i>
<i>Friday</i>	<i>October 14th</i>	<i>11:30 a.m. 2:00 p.m.</i>	<i>Lunch at Royal Indian Cuisine* Solanus Casey Center, and St. Bonaventure Church</i>
<i>Saturday</i>	<i>October 15th</i>	<i>10:00 a.m.</i>	<i><u>Presentation/Workshop for Detroit Center Devotees</u> "Group Meditation and Satsanga/Fellowship: Making the most of your meditation center"</i>
		<i>12:00 p.m.</i>	<i>Pizza and fellowship after presentation/workshop</i>
<i>Sunday</i>	<i>October 16th</i>	<i>11:00 a.m. 12:00 p.m.</i>	<i>Sunday service (All are Welcome) Fellowship and vegetarian pot luck</i>
		<i>5 – 8 p.m.</i>	<i>3-hour guided meditation</i>
<i>Wednesday</i>	<i>October 19th through Monday 10/24</i>		<i>Ann Arbor and Kalamazoo</i>
<i>Tuesday</i>	<i>October 25th</i>	<i>6:30 – 8 p.m.</i>	<i>Evening kirtan in Ann Arbor** All are welcome!</i>

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\*Royal Indian Cuisine  
3877 Rochester Rd.  
Troy, Michigan 48083  
248 743-0223  
\$8.95 lunch buffet

\*Solanus Casey Center  
1780 Mount Elliott  
Detroit, Michigan 48207  
313 579-2100  
\$5.00 Suggested donation

\*\* Ann Arbor Meditation Circle  
1829 West Stadium Blvd.,  
Suite #100  
Ann Arbor, Michigan 48103  
734 662-2202

For additional information please contact: Cheryl Glasco or Diane Simmons  
248 225-9912 313 320-0922