

“Any devotee who ardently meditates on the picture or form of a true guru or any other master becomes attuned to him, imbibing his qualities, and ultimately feels in that saint the presence of God.”

Paramahansa Yogananda

Directions to Our Center

Our location—29610 Southfield—is midway between 12 and 13 Mile Roads on the opposite side of the street from Home Depot and just south of the Southfield Plaza mall and the Big Boy restaurant.

Turn in at 29600 Southfield Road and you will see our building, 29610 Southfield, about 100 yards back from the street.

Our chapel is on the second floor.

Our Website

For more information please visit:

DetroitMeditationCenter.org

&

Yogananda-SRF.org



Sunday Service Readings

(All are from Volume I)

January

- 7—Kriya Yoga—The Bliss-Filled Path to God
- 14—Faith, Belief, and Wisdom
- 21—Power to Light Your Way
- 28—Three Kinds of Heaven

February

- 4—Vital Health Laws
- 11—How Active Westerners Can Realize God
- 18—The Necessity of Religion
- 25—The Way to Be Happy at Will

March

- 4—The Cosmic Awareness of Saints
- 11—Regain Your Divine Heritage
- 18—Creating and Destroying Habits at Will
- 25—The Secret of Spiritual Success

Detroit Center of Self-Realization Fellowship

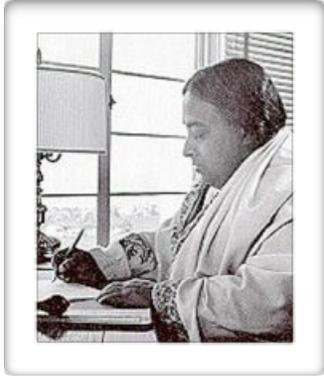
Winter 2018 Newsletter



PARAMAHANSA YOGANANDA

29610 Southfield Road, Suite 204
Southfield, MI 48076-2000

All Are Welcome Always!



Dear Friend,

We invite you to join us for spiritual fellowship whenever you can at the Detroit Center of Self-Realization Fellowship. SRF is a worldwide nonprofit religious organization founded by Paramahansa Yogananda to disseminate Kriya Yoga, a definite scientific technique for attaining direct personal experience of God. His Autobiography of a Yogi has introduced truth-seekers all over the world to India's age-old philosophy of Yoga and its time-honored tradition of meditation. The universal teachings of Paramahansa Yogananda offer a science of spiritual exploration—one that enables us to create for ourselves spiritually harmonious lives, and to contribute to a more compassionate and peaceful world.

For more information feel free to visit our website or call one of our members listed below.

In divine friendship,

The Detroit Center of
Self-Realization Fellowship
www.detroitmeditationcenter.org
Steve Zawisa (248) 561-4938
Will Roberts (248) 320-2344

WINTER 2018 SCHEDULE

These services are open to all.
The Sunday 11 a.m. service is
recommended for newcomers.

SUNDAYS

Meditation Service

10:00–10:40 a.m.

Reading Service

11:00 a.m.–Noon

Readings from scripture and the works
of Paramahansa Yogananda with brief
periods of chanting and meditation.

**Kirtan on third Sunday of month
from 5:15 to 5:45 p.m.**

Long Meditation Service

Last Sunday: 6-9 p.m.

All others: 6-8 p.m.

A two-hour meditation beginning with the SRF
Energization Exercises and ending with
a Worldwide Prayer Circle service.

THURSDAYS

Lessons Study Group 7:00–7:45 p.m.

Participants take turns reading aloud from the lesson
of the week, pausing for brief periods of meditation to
better absorb the spiritual truths expressed.

Meditation Service 8:00–9:00 p.m.

A Meditation Service ending with
a Worldwide Prayer Circle service.

The volunteer schedule is always available online:
www.detroitmeditationcenter.org

Announcements

❁ Our next general meeting will be held
Sunday, January 21, after the 11 a.m. service.
All are welcome to attend.

❁ Sunday School is offered on the second &
last Sundays from 11 a.m. to noon and is
available for children age 4 and up. (With
parental supervision, toddlers are welcome.)

❁ Vegetarian potluck socials are held on the
last Sunday of every month immediately after the
11 a.m. service.



Special Services

All may attend these services who can
participate with sincerity and devotion.

Birthdays of Paramahansa Yogananda

Friday, January 5, 8:00–9:00 p.m.

Please bring a flower and donation, if able.

Special Long Meditation for Paramahansa Yogananda

Saturday, January 13, 10:00 a.m. to 4:00 p.m.

Please bring a fruit offering.

Paramahansa Yogananda's Mahasamadhi

Wednesday, March 7th, 8:00–9:00 p.m.

Please bring a flower and donation, if able.

Sri Yukteswar's Mahasamadhi

Friday, March 9th, 8:00–9:00 p.m.

Please bring a flower and donation, if able.

Good Friday Service

Friday, March 30, Noon to 3 p.m.