



“Beneath the Christmas tree of civilization, with its many branches of races, may we lay imperishable presents of goodwill, spiritual service, and unconditional love for all.”

Paramahansa Yogananda



Directions to Our Center

We are between 12 and 13 Mile Roads on the east side of Southfield Road across from the Home Depot, and just south of the Southfield Plaza mall and the Big Boy restaurant.

Turn in at the sign “Hamilton Square” and you will see our building, 29610 Southfield, about 100 yards back from the street.

Our chapel is in Suite 204, on the second floor down the hall to your left.

Our Website

For more information please visit:
www.detroitmeditationcenter.org
www.yogananda-srf.org



Sunday Service Readings

(All are from Volume I)

October

- 7— The Light of Truth Eternal
- 14— How to Overcome Fear
- 21— Your True Self—The Immortal Soul
- 28— The Art of Devotional Singing

November

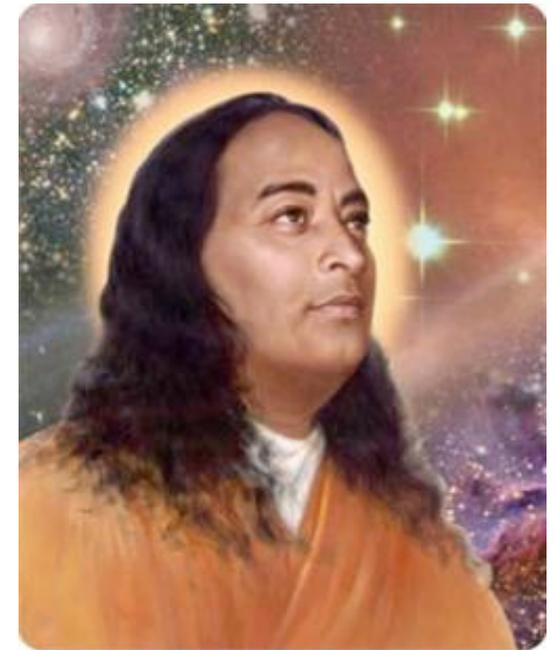
- 4— Ways to Overcome Nervousness
- 11— Practicing Yoga in World Affairs
- 18— Giving Thanks for Life's Blessings
- 25— Freedom from Habit Slavery

December

- 2— The Universality of Religion
- 9— Finding the Joy in Life
- 16— The Nature of a Master
- 23— Celebrating Christmas in the Silence of the Soul
- 30— Controlling Your New Year's Destiny

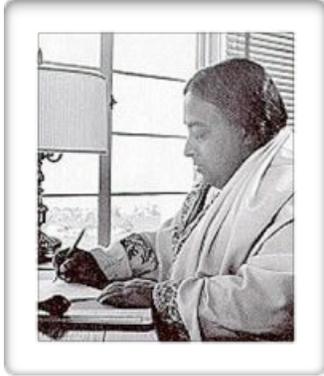
Detroit Center of Self-Realization Fellowship

Fall 2018 Newsletter



29610 Southfield Road, Suite 204
Southfield, MI 48076-2000

All Are Welcome Always!



Dear Friend,

We invite you to join us for spiritual fellowship whenever you can. Self-Realization Fellowship is a worldwide nonprofit religious organization founded by Paramahansa Yogananda to disseminate Kriya Yoga, a definite scientific technique for attaining direct personal experience of God. Yogananda's *Autobiography of a Yogi*—and now the award-winning movie about his life called *Awake*—has introduced truth-seekers all over the world to India's age-old philosophy of Yoga and its time-honored tradition of meditation. These universal teachings offer a science of spiritual exploration—one that enables us to create for ourselves spiritually harmonious lives, and to contribute to a more compassionate and peaceful world.

For more information feel free to visit our website or call one of our members listed below.

In divine friendship,

The Detroit Center of
Self-Realization Fellowship
www.detroitmeditationcenter.org
Will Roberts (248) 320-2344
David Krolikowski (248) 622-1749

FALL 2018 SCHEDULE

These services are open to all.
The Sunday 11 a.m. service is
recommended for newcomers.

SUNDAYS

Meditation Service

10:00-10:40 a.m.

Reading Service

11:00 a.m.-Noon

Readings from scripture and the works
of Paramahansa Yogananda with brief
periods of chanting and meditation.

**Kirtan on third Sunday of month
from 5:15 to 5:45 p.m.**

Long Meditation Service

Last Sunday: 6-9 p.m.

All others: 6-8 p.m.

A long meditation beginning with the
SRF Energization Exercises and ending with
a Worldwide Prayer Circle service.

THURSDAYS

Lessons Study Group 7:00-7:45 p.m.

Students of the SRF Lessons take turns reading aloud
from the lesson of the week.

Meditation Service 8:00-9:00 p.m.

A Meditation Service ending with
a Worldwide Prayer Circle service.

Announcements

❖ Our general meeting this quarter will be held
Sunday, October 14 after the 11 a.m. service. All
are welcome to attend.

❖ Sunday School is suspended for the Fall
quarter and we plan to offer registration in the
Spring.

❖ Vegetarian potluck socials are held on the
last Sunday of every month immediately
following the 11 a.m. service.

❖ No services on Thanksgiving.

❖ At the present time we are expecting two
monks from the SRF Mother Center to arrive in
mid-December to lead several services including
the All-Day Christmas Meditation.

Visit our website for ongoing information:
www.detroitmeditationcenter.org

Special Services

All may attend these services who can
participate with sincerity and devotion.

All-Day Christmas Meditation Led by SRF Monastics

Saturday, December 15, Time TBA
(Please bring a fruit offering)

Christmas Eve Meditation

Monday, December 24, 7:00 p.m. - 8:00 p.m.

New Year's Eve Meditation

Monday, December 31st, 11:30 p.m. - 12:15 a.m.