

**“Guru is one who knows
God, and who shows the
way to Him. To follow a
divine manifestation is the
sure way to God-
realization”**

Paramahansa Yogananda

Directions to Our Center

Our location—29610 Southfield—is midway between 12 and 13 Mile Roads on the opposite side of the street from Home Depot and just south of the Southfield Plaza mall and the Big Boy restaurant.

Turn in at 29600 Southfield Road and you will see our building, 29610 Southfield, about 100 yards back from the street.

Our chapel is on the second floor.

Our Website

For more information please visit:
www.detroitmeditationcenter.org
www.yogananda-srf.org



Sunday Service Readings

(All are from Volume II)

January

- 6—Kriya Yoga—The Royal Science of Realization
- 13—The Art of Developing Memory
- 20—Why Life's Tests Are Thrust Upon Us
- 27—Making the Most of Sundays

February

- 3—Unite Your Will with the Infinite
- 10—Satan—The Cosmic Magician
- 17—The Inner Meaning of Self-Realization
- 24—Curing Psychological Intoxication

March

- 3—Awaken Your Power to Be Happy
- 10—Guru—Channel of Eternal Blessings
- 17—The Meaning of Reincarnation
- 24—Jesus Christ and His Teachings
- 31—How to Fulfill Your Role in Life

Detroit Center of Self-Realization Fellowship

Winter 2019 Newsletter



PARAMAHANSA YOGANANDA

29610 Southfield Road, Suite 204
Southfield, MI 48076-2000

All Are Welcome Always!



Dear Friend,

We invite you to join us for spiritual fellowship whenever you can at the Detroit Center of Self-Realization Fellowship. SRF is a worldwide nonprofit religious organization founded by Paramahansa Yogananda to disseminate Kriya Yoga, a definite scientific technique for attaining direct personal experience of God. His Autobiography of a Yogi has introduced truth-seekers all over the world to India's age-old philosophy of Yoga and its time-honored tradition of meditation. The universal teachings of Paramahansa Yogananda offer a science of spiritual exploration—one that enables us to create for ourselves spiritually harmonious lives, and to contribute to a more compassionate and peaceful world.

For more information feel free to visit our website or call one of our members listed below.

In divine friendship,

The Detroit Center of
Self-Realization Fellowship
www.detroitmeditationcenter.org
Will Roberts (248) 320-2344
David Krolikowski (248) 622-1749

WINTER 2019 SCHEDULE

These services are open to all.
The Sunday 11 a.m. service is
recommended for newcomers.

SUNDAYS

Meditation Service

10:00–10:40 a.m.

Reading Service

11:00 a.m.–Noon

Readings from scripture and the works
of Paramahansa Yogananda with brief
periods of chanting and meditation.

**Kirtan on third Sunday of month
from 5:15 to 5:45 p.m.**

Long Meditation Service

Last Sunday: 6-9 p.m.

All others: 6-8 p.m.

A long meditation beginning with the SRF
Energization Exercises and ending with
a Worldwide Prayer Circle service.

THURSDAYS

Lessons Study Group 7:00–7:45 p.m.

Students of the SRF Lessons take turns reading aloud
from the lesson of the week.

Meditation Service 8:00–9:00 p.m.

A Meditation Service ending with
a Worldwide Prayer Circle service.

Announcements

❖ Our next general meeting will be held
Sunday, January 20, after the 11 a.m. service.
All are welcome to attend.

❖ Vegetarian potluck socials are held on the
last Sunday of every month immediately after the
11 a.m. service.



Special Services

All may attend these services who can
participate with sincerity and devotion.

Birthday of Paramahansa Yogananda

Saturday, January 5, 8:00–9:00 p.m.

Please bring a flower and donation, if able.

Special Long Meditation for Paramahansa Yogananda

Saturday, January 12, 10:00 a.m. to 4:00 p.m.

Please bring a fruit offering.

Paramahansa Yogananda's Mahasamadhi

Thursday, March 7th, 8:00–9:00 p.m.

Please bring a flower and donation, if able.

Sri Yukteswar's Mahasamadhi

Saturday, March 9th, 8:00–9:00 p.m.

Please bring a flower and donation, if able.